

## Dear CU Faculty,

We are excited to announce a call for Course Proposals for Plains (1st year) Electives in the new Trek Medical Student Curriculum.

- First year students start their Plains curriculum at the end of July each year and have about one year in this Pre-clerkship phase before a six-week summer, followed by Core Clerkships which start in September 2023 . Pre-clerkship, or Plains, electives in the Trek curriculum are built to fit within the structure of the new curriculum and dense Plains curriculum space.
  
- **Please submit Plains Course Proposals and Enrollment Information by:**
  - o **August 1, 2023** for semester 3 (April – July 2023)
  
- Course proposals are reviewed by the curriculum leadership team with feedback and acceptance/rejection of the course in the first part of June. After proposal review, course directors will receive feedback and status of their proposal.
- Accepted courses will be managed with the new SOM Learning Ecosystem platform, called North Star. Additional curriculum information for accepted courses will be required/collected prior to finalizing the elective course built in North Star (e.g., Course goals, learning events, and associated learning objectives, etc.). Course directors and coordinators will be expected to complete a brief North Star training.
- Each elective requires at least one Course Director and one Course Coordinator. The SOM does not have support for centralized Course Coordinators, and these usually come from the Course Director's Department/Unit/Education team.

### **What will Pre-Clerkship, or Plains, Electives look like in the Trek Curriculum?**

In Trek, students will complete one Pre-Clerkship year, before moving on to their core clerkship LIC experience. For the purposes of electives, the Plains year is divided into three, 12-week trimesters (which are called Semesters 1, 2, and 3) in which students can complete one elective per semester (see Table 1 and Figure 1).

Following the completion of their first Trek curriculum unit and first set of tests, students who are in good standing will have the opportunity to complete one elective per Plains elective semester.

**The Plains Elective Semester Dates and Proposal Submission Deadlines for 2023/2024 Academic Year is: **May 1, 2024**. IF YOU FAIL TO MEET THIS SUBMISSION DEADLINE YOUR COURE WILL NOT RUN IN AY2023/2024.**

**The following are Guidelines for Plains Electives on the Trek:**

- Clinical/career exploration activities typically take place as a part of student interest groups and Student Life shadowing experiences and are not offered as electives. Service opportunities are often better integrated into the Health & Society service-learning curriculum and faculty/students should contact Health & Society leadership for service ideas, prior to proposing them as an elective.
- Electives will be offered starting after COMPASS 1 for students in good standing. Max elective time per week is 2 hours total (including both in-class and out-of-class, or prep, time). Course proposals may indicate up to two 1-hour slots per week, in which they would hold their elective (see Table 2). Plains elective learning events are not permitted to be scheduled during COMPASS weeks, or any other scheduled core curriculum events; please check NorthStar for scheduled core events and adjust your schedules accordingly. Note, when students are scheduled for assessments and other specialty activities (see Figure 1)

## Class of 2027 Calendar (Trek)

updated 10/22/20

Date	Week	Course	Notes for Core Plains Courses
	0	Orientation Day	Friday ONLY
7/24/2023	1	First Course	
7/31/2023	2	Foundational Principles	
8/7/2023	3	Foundational Principles	
8/14/2023	4	Foundational Principles	
8/21/2023	5	Foundational Principles	
8/28/2023	6	Foundational Principles	
9/4/2023	7	Traverse 1	9/4 is Labor Day; NO class Monday; NO class Friday
9/11/2023	8	Hematologic & Lymphatic Systems	
9/18/2023	9	Hematologic & Lymphatic Systems	
9/25/2023	10	Hematologic & Lymphatic Systems	
10/2/2023	11	Gastrointestinal System	
10/9/2023	12	Gastrointestinal System	10/9 is Columbus Day; NO class Monday
10/16/2023	13	Gastrointestinal System	
10/23/2023	14	Gastrointestinal System	
10/30/2023	15	Traverse 2	
11/6/2023	16	Pulmonary & Cardiovascular Systems	
11/13/2023	17	Pulmonary & Cardiovascular Systems	
11/20/2023	18	Pulmonary & Cardiovascular Systems	11/23 is Thanksgiving; NO class Thursday; NO class Friday
11/27/2023	19	Pulmonary & Cardiovascular Systems	
12/4/2023	20	Pulmonary & Cardiovascular Systems	
12/11/2023	21	Pulmonary & Cardiovascular Systems	
12/18/2023	22	Winter Break	
12/25/2023	23	Winter Break	
1/1/2024	24	Renal & Urinary Systems	1/1 is New Years Day; NO class Monday
1/8/2024	25	Renal & Urinary Systems	
1/15/2024	26	Renal & Urinary Systems	1/15 is MLK Day; NO class Monday
1/22/2024	27	Renal & Urinary Systems	
1/29/2024	28	Traverse 3	NO Class Friday
2/5/2024	29	Nervous System	
2/12/2024	30	Nervous System	
2/19/2024	31	Nervous System	2/19 is Presidents' Day; NO class Monday
2/26/2024	32	Nervous System	
3/4/2024	33	Nervous System	
3/11/2024	34	Musculoskeletal & Integumentary Systems	
3/18/2024	35	Musculoskeletal & Integumentary Systems	
3/25/2024	36	Musculoskeletal & Integumentary Systems	
4/1/2024	37	Musculoskeletal & Integumentary Systems	
4/8/2024	38	Spring Break	
4/15/2024	39	Mind & Behavior	
4/22/2024	40	Mind & Behavior	
4/29/2024	41	Mind & Behavior	
5/6/2024	42	Traverse 4	NO Class Friday
5/13/2024	43	Endocrine & Metabolic Systems	
5/20/2024	44	Endocrine & Metabolic Systems	
5/27/2024	45	Endocrine & Metabolic Systems	5/27 is Memorial Day; NO class Monday
6/3/2024	46	Endocrine & Metabolic Systems	
6/10/2024	47	Reproductive System & Life Cycle	
6/17/2024	48	Reproductive System & Life Cycle	Juneteenth will be observed (exact date TBD)
6/24/2024	49	Reproductive System & Life Cycle	
7/1/2024	50	Reproductive System & Life Cycle	7/4 is Independence Day; NO Class Thursday
7/8/2024	51	Reproductive System & Life Cycle	
7/15/2024	52	Traverse 5	NO Class Friday
7/22/2024	1	Discovery/Summer Break	
7/29/2024	2	Discovery/Summer Break	
8/5/2024	3	Discovery/Summer Break	
8/12/2024	4	Discovery/Summer Break	
8/19/2024	5	Discovery/Summer Break	
8/26/2024	6	Discovery/Summer Break	
9/2/2024	1	LIC Basecamp & Clerkships Begin	